

About Us

The EGCC serves all residents within our 53 county region. Our programs impact cancer and patients at every stage from prevention, screening, treatment all the way through survivorship. Cancer prevention begins in childhood so initiatives such as the EGCC's farm to table program have the ability to impact lives for decades to come. The EGCC is also offering a program that teaches kitchen safety to children and healthy meal preparation for families on a budget. The EGCC's prevention programs also aim to reduce cancer risk by reducing barriers to cancer protective behaviors such as through its skin cancer prevention program for the homeless population. The homeless population is at particular risk for skin cancer due to constant sun exposure and a lack of skin cancer prevention behaviors, so the EGCC is addressing these issues by distributing sunscreen and hats through area homeless agencies along with educational information on the important of wearing these items. We also provide cancer health education programs in a variety of formats and tailor each presentation to the needs and interests of the people in each group. The EGCC emphasizes early screening in its programs but we also understand that the cost of screenings are more than what some families can afford, so the EGCC negotiates with providers in our region to offer lower cost screenings to our residents. In some cases, reduced cost screenings are still unaffordable, so the EGCC has offered programs that pay for the screenings of un- or underinsured patients such as our mammogram program. In order to address the issue of cost the EGCC raises provider awareness of the latest research discoveries and cost effective cancer screenings and makes every effort to bring these methods to the mainstream such as through our colorectal cancer screening program that provides screenings for \$13 per patient. The EGCC's "Have you been screened?" program provides mammograms to un/under-insured women at no cost to the patient while controlling costs by negotiating low rates. The EGCC also impacts patients during treatment and survivorship through programs such as our "Healing Hands" massage therapy program which provides a series of massages at no cost to patients who have low-incomes and would otherwise be unable to pay for massage therapy. While massage cannot treat cancer in itself, it can help reduce the side effects of medical treatments and medications.

It is only through the generosity of our funders and donors that we can continue our battle against cancer in east Georgia. **100% of the EGCC's donations, programs and services remain in east Georgia.** Thank you for taking the time to learn about the East Georgia Cancer Coalition.



East Georgia Cancer Coalition
 315 Riverbend Road
 Suite 3006
 Athens, GA 30602
 Phone: (706) 542-6449
 Email: info@eastgeorgiacancer.org
www.milesformoms5k.org

East Georgia Cancer Coalition

UNITING AGAINST CANCER

Miles for Moms Run/Walk



5K

Walking for our Moms...

May 4, 2019

Starting Time: 8:00 am
Milledge Avenue Baptist Church
 1690 South Milledge Avenue Athens, GA

Registration Options

Pre-Registration (Individual)	\$ 20
Same Day Registration	\$ 25
Family of four	\$ 60
Team of 10	\$130

(Each additional \$13)

T-shirts are guaranteed for participants registered by April 13th, 2019. Participants registered after April 13th, 2019 will be provided t-shirts based on order of registration and t-shirt availability. Registration fee is non-refundable.

About The Race

On May 4th, 2019, the East Georgia Cancer Coalition is hosting its fifth annual Miles for Moms Run/Walk 5K in the Five Points community of Athens, Georgia. This race will give us the opportunity to increase cancer awareness in an effort to decrease deaths due to cancer. **This 5K event will highlight all cancer types, with special recognition to the mothers in our lives that have faced cancer.** All ages are invited! We have a new course this year starting at the Milledge Avenue Baptist Church. Race day registration and check-in will begin at 7:00 AM. The race starts at 8:00 AM, rain or shine!

Early Packet Pickup

Early Packet Pickup will take place at the East Georgia Cancer Coalition office from 9:00 AM - 5:00 PM on Friday, May 3rd. We are located inside the Complex Carbohydrate Research Center (315 Riverbend Road Athens, GA 30602), and will have a table set up in the lobby. Participants must register by April 13th for Early Packet Pickup. All other participants may check in on race day (Saturday, May 4th) beginning at 7:00 AM.

Health and Business Expo

Stay for our health and business expo immediately following the race to receive FREE screenings, samples & information. Food will be provided.

How to Register

Register Online:



www.milesformoms5k.org

Register by Mail

Register on Race Day



Registration Form

Name _____

Address: _____

City _____ State _____ Zip _____

Email: _____

Age _____ Birthday _____ Male / Female

Are you a survivor? Y / N If yes, what type? _____

Run/walk in honor of _____

and/or memory of _____

Survivor cancer type _____

Honor of cancer type _____

Memory of cancer type _____

Team name _____

T-Shirt Size :

YS YM S M L XL XXL

Waiver: In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials and sponsors of the East Georgia Cancer Coalition for injury or illness, which may result directly or indirectly from my participation. I further affirm that I am in proper condition to participate in this event. I grant permission to the East Georgia Cancer Coalition to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant Signature

Date _____

Mail Registration form and fees to:

East Georgia Cancer Coalition

315 Riverbend Road, Athens, GA 30602